

Paul Anderson – Adventure Travel & Outdoor Experience

Location	Adventure Travel Experience	Outdoor Experience	
		Mountain Activities	Other Activities
ASIA			
Afghanistan	<ul style="list-style-type: none"> Independent travel to Kabul, Panjshir Valley, Salang Pass 	<ul style="list-style-type: none"> Hiking in Hindu Kush mountains around Panjshir Valley 	<ul style="list-style-type: none"> Motorcycle tour around and outside Kabul
China	<ul style="list-style-type: none"> Multiple extended trips throughout country West: Tibet, Xinjiang Central: Gansu, Qinghai & Sichuan South-West: Yunnan North-East: Beijing South-East: Hong Kong, Guangdong 	<ul style="list-style-type: none"> Hiking in Pamir mountains (Xinjiang) Hiking in the Kunlun mountains (Gansu) Trekking through Tiger Leaping Gorge of Yangtze River (Yunnan) Hiking in the mountains around Dali and Lijiang (Yunnan) 	<ul style="list-style-type: none"> Road trip along Chinese section of the Karakoram Highway from Kashgar to Tashkurgan
India	<ul style="list-style-type: none"> Extensive travel throughout country over several trips; also lived in Delhi for some time Backpacked through Rajasthan: Jodhpur, Jaisalmer, Bikaner Rented houseboat in backwaters of Kerala 	<ul style="list-style-type: none"> Hiking in Ladakh mountains near Leh Hiking in Himachal Pradesh mountains 	<ul style="list-style-type: none"> Motorcycle tour through Ladakh mountains near Leh Motorcycle tour in mountains near Manali
Iran	<ul style="list-style-type: none"> Independent solo travel throughout country Tehran, Urmia, Kashan, Esfahan, Yazd, Shiraz, Persepolis, Mashhad 	<ul style="list-style-type: none"> Hiking in Dasht-e Lut desert & mountains 	
Kyrgyzstan	<ul style="list-style-type: none"> Backpacked through Bishkek, Naryn, Issyk-Kul & Karakol, crossed over Torugart Pass into China 	<ul style="list-style-type: none"> Trekking in Tien Shan mountains around Ala-Kul lake 	<ul style="list-style-type: none"> Horse riding around Song-Kul lake
Nepal	<ul style="list-style-type: none"> Several days in Kathmandu 	<ul style="list-style-type: none"> Independent trek in Khumbu region to Everest Base Camp via Gokyo Ri and Cho La pass 	
North Korea	<ul style="list-style-type: none"> Toured Pyongyang, Kaesong & DMZ Visited International Friendship Exhibition, Arirang Mass Games 	<ul style="list-style-type: none"> Hiking in Myohyang mountains 	
Pakistan	<ul style="list-style-type: none"> Led commercial expedition along Karakoram Highway 	<ul style="list-style-type: none"> Hiking in mountains of Hunza & Nagyr Valleys 	<ul style="list-style-type: none"> Jeep tour through Hunza, Gilgit and Baltistan (Skardu/Shigar)
Silk Road Routes	<ul style="list-style-type: none"> Backpacked solo from Turkey to Central China via Iran, Kyrgyzstan, Western China, Tibet over several months 	<ul style="list-style-type: none"> See more information in specific sections 	<ul style="list-style-type: none"> See more information in specific sections
South-East Asia	<ul style="list-style-type: none"> Numerous trips across region 	<ul style="list-style-type: none"> Hiking in Thailand, Malaysia, Vietnam and Indonesia (Bali) 	<ul style="list-style-type: none"> Sailing in Ha Long Bay Scuba diving in Thailand and Vietnam
Turkey	<ul style="list-style-type: none"> Extensive travel over several trips through the country Istanbul & Gallipoli/Dardanelles Andean Coast: Pamukkale, Behram, Bergama, Ephesus Central Turkey: Cappadocia Western Turkey: Nemrut, Sanliurfa, Van 	<ul style="list-style-type: none"> Hiking in Cappadocia Hiking around Nemrut Dagi mountain 	<ul style="list-style-type: none"> Sailing charter along south coast and islands near Fethiye & Dalyan

PACIFIC			
Australia	<ul style="list-style-type: none"> Grew up on both east and west coasts 	<ul style="list-style-type: none"> Extensive experience hiking & camping in Australian Alps 	<ul style="list-style-type: none"> Officer in Australian Army
New Zealand	<ul style="list-style-type: none"> Several trips around North Island 	<ul style="list-style-type: none"> Hiking on slopes of Mt Taranaki 	<ul style="list-style-type: none"> White-water rafting down Tongariro River
South Pacific Islands	<ul style="list-style-type: none"> Various trips to island nations 	<ul style="list-style-type: none"> Hiking in tropical mountains of Cook Islands & Manu Samoa 	<ul style="list-style-type: none"> Scuba diving in New Caledonia Sailing in Cook Islands Sea kayaking in Vanuatu
NORTH & CENTRAL AMERICA			
Central America & Caribbean	<ul style="list-style-type: none"> Explored every country from Mexico to Panama Visited all major Mayan cities: Tikal, Palenque, Chichen Itza, Copan Backpacked overland across Yucatan from Belize to Chiapas region of Mexico via Guatemala Explored remote Caribbean coast of Guatemala and Honduras Backpacked around Cuba 	<ul style="list-style-type: none"> Climbing volcanoes in Guatemala and Nicaragua Jungle trekking in Belize & northern Guatemala 	<ul style="list-style-type: none"> Ocean sailing from Miami FL to Eleuthera Island in Bahamas Sailing around Turks & Caicos islands Scuba diving in Cayo Levisa, Cuba, Punta Cana, Dominican Republic & Utila, Honduras Kayaking in Nicaragua and Panama
North America	<ul style="list-style-type: none"> Extensive travel across USA & Canada 	<ul style="list-style-type: none"> Hiking in Sierra Nevada Hiking in Rocky Mountains of British Columbia Winter ice climbing instruction course Alpine climbing in Cascade mountains Hiking in Utah & Arizona national parks 	<ul style="list-style-type: none"> Mountain biking in Sierra Nevada White-water rafting in California
SOUTH AMERICA			
Argentina	<ul style="list-style-type: none"> Lived for several months in Buenos Aires Traveled extensively around the country, particularly in Southern Patagonia 	<ul style="list-style-type: none"> Climbing in southern Patagonia around the FitzRoy range near El Chalten Two-man partial traverse of the Patagonian Ice Cap Hiking around Iguazu Falls 	<ul style="list-style-type: none"> Whale watching off coast of Peninsula Valdes
Bolivia	<ul style="list-style-type: none"> Backpacked across the altiplano and down to Amazon basin Completed Habitat for Humanity build in Amazon basin 	<ul style="list-style-type: none"> Hiking around Lake Titicaca, including La Isla de la Luna 	<ul style="list-style-type: none"> Road trip across Salar de Uyuni Mountain biking down "World's Most Dangerous Road" outside La Paz
Caribbean Coast	<ul style="list-style-type: none"> Backpacked along the Caribbean coast from Caracas, Venezuela to Cartagena, Colombia 	<ul style="list-style-type: none"> Hiking in Sierra Nevada de Santa Marta Hiking in Peninsula de Paraguana 	<ul style="list-style-type: none"> Scuba diving in Islas del Rosario
Chile	<ul style="list-style-type: none"> Traveled through Patagonia region 	<ul style="list-style-type: none"> Trekking the "W" route in Torres del Paine National Park 	
Ecuador	<ul style="list-style-type: none"> Backpacked across country including Quito, Baños, Riobamba 	<ul style="list-style-type: none"> Mountain climbing of volcanoes including Cotopaxi and Iliniza 	<ul style="list-style-type: none"> Mountain biking from mountains around Baños to Amazon basin
Peru	<ul style="list-style-type: none"> Backpacked through country including Lima, Huaraz, Cuzco, Machu Picchu 	<ul style="list-style-type: none"> Climbing and trekking up to 6,000m in Cordillera Blanca, Cordillera Vilcanota and Cordillera Willkapampa mountains 	

EUROPE			
Alps	<ul style="list-style-type: none"> • Extensive experience in Alps having lived in Zurich for over 5 years • Alpine experience in France, Switzerland, Italy, Austria, Germany & Slovenia 	<ul style="list-style-type: none"> • Alpine climbing in Switzerland (including 4,000m peaks such as Matterhorn, Weissmies, Nadelhorn and others) • Mountaineering instruction programs, culminating in week-long Advanced Mountaineering Course around Chamonix/Mont Blanc massif 	<ul style="list-style-type: none"> • White-water rafting in Switzerland
Nordic	<ul style="list-style-type: none"> • Road trip around Iceland • Trips inside the Arctic Circle to Lofoten Islands and Tromso 	<ul style="list-style-type: none"> • Winter ice climbing in Hemsedal region of Norway • Hiking western fjords in Norway • Hiking in Vatnajokull National Park & around Snaefellsjokull volcano in Iceland 	<ul style="list-style-type: none"> • Ran most northerly half-marathon inside Arctic Circle in midwinter darkness • Aurora hunting in north of Norway
Other Regions	<ul style="list-style-type: none"> • Extensive travels throughout all of Europe 	<ul style="list-style-type: none"> • Trekking the Camino de Santiago route across northern Spain to Santiago de Compostela • Hiking in the Tatra Mountains bordering Poland and Slovakia 	<ul style="list-style-type: none"> • Canoeing in Czech Republic, Slovenia, Croatia
AFRICA			
North Africa	<ul style="list-style-type: none"> • Backpacking around Morocco 	<ul style="list-style-type: none"> • Trekking in the Atlas Mountains • Hiking in sand dunes of the Sahara desert 	
West Africa	<ul style="list-style-type: none"> • Consultant to UN Hunger Task Force in Ghana 	<ul style="list-style-type: none"> • Hiking in sub-Saharan bush of Ghana 	<ul style="list-style-type: none"> • Bush safari in Ghana